

**TO ME, ACCESS TO  
DIALYSIS CARE MEANS...**

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**stopESRDcuts.com #stopESRDcuts**

# 3 EASY STEPS TO SHARE YOUR STORY

## 1. On the front of this sheet, write in what access to dialysis care means to you.

:: Examples:

“To me, access to dialysis care means... living the life I want to live.”

“To me, access to dialysis care means... my dad is able to come to my wedding.”

“To me, access to dialysis care means... my patients can live a fuller life.”

:: Remember to write clearly; use large letters.

## 2. Have your photo taken with the sign.

:: Hold the sign up, close to your face.

## 3. Share your photo on Instagram and tag with #stopESRDcuts.

:: Don't have Instagram? Download it for free.



## If you are an Apple or Android user:

:: Follow the sign-up instructions.

:: To upload your photo, click the camera icon and find your photo in the bottom left corner of the screen.

:: Follow the prompts to share your photo.

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**Before hitting “Share,” be sure to add #stopESRDcuts in the “Add a Caption” box.**

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### Important Note for DaVita Teammates:

:: A DaVita teammate cannot share any photos of patients on the teammate's personal Instagram account.

:: Patients and teammates should only share photos of themselves on their own Instagram accounts.

:: Participating in DaVita advocacy activities is voluntary in accordance with DaVita's Grassroots Campaigns Commandments.